

MEDLEY'S DINNER MENU

Appetizers

Chef's Soup of the day
\$4.95

New England Style Clam Chowder
\$5.95



Caesar Salad
With garlic focaccia croutons
Appetizer \$5.95
Main \$10.95
Add Grilled Chicken or
Pacific Baby Shrimp for \$3.50

Tomato and Bocconcini Salad T
Roma tomato and Bocconcini, basil oil
and balsamic reduction
\$7.95

Shrimp and Crab Cake
Shrimp and rock crab meat cake with
roasted corn salsa, red pepper aioli
\$7.95

Chicken Spring Roll
With sesame ginger sauce
\$6.95



BC Wild Sockeye Smoked Salmon
With caper and onion
\$8.95

The Ocean Trio
Cold tiger shrimp, albacore tuna tataki,
and smoked salmon
\$9.95

Pizza, Pasta & More

The Pepperoni
Lots of pepperoni, tomato sauce &
Mozzarella cheese
\$12.95

The Naples T
Pesto Sauce, Roma tomato, Bocconcini,
and Mozzarella cheese, topped with a
balsamic tossed salad
\$12.95



Healthy Choice
Grilled seasonal vegetables with a
choice of grilled sockeye salmon,
chicken, or 6oz top sirloin steak
\$15.95

Sirloin Beef Burger
The classic burger with all the fixings
tomato, lettuce, pickles, & onions
\$9.75

Thai Red Curry
Diced chicken breast & bell peppers in
lightly spiced Thai red curry sauce
\$14.95

Mushroom Risotto M
White button mushrooms with balsamic
reduction
\$13.95

The Alfredo Pollo Pizza
Grilled chicken, mushroom and Alfredo
sauce & Mozzarella cheese
\$13.95

The Canadian
Double smoked bacon, mushrooms,
tomato sauce & Mozzarella cheese
\$12.95

Garden Pasta G
Capellini with Mushroom, Spinach,
Artichoke and Grape Tomatoes in Olive
Oil & Garlic
\$12.95

Pesto Linguini
Linguini in a pesto & sun-dried tomato
sauce with your choice of grilled chicken
or tiger shrimp
\$13.95

Yakisoba Stirfry
With shiitake mushroom, bean sprouts &
cabbage with your choice of chicken or
shrimp
\$13.95

\$ Vegetarian Option

Ocean Wise



Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice.

Entrées

The Asian Pork Chop

A 9oz pork chop with maple ginger soy glaze & caramelized onion
\$18.95

Veal Scaloppini Parmesan

Breaded veal with lemon, anchovy, caper, and brown butter.
\$17.95

Home-style Meatloaf

Bacon wrapped meat loaf with red wine sauce
\$16.95

Traditional Liver & Onions

Calf's liver with double smoked bacon & fried onion
\$17.95

Chicken Breast with Peanut Sauce

Baked chicken breast with a peanut satay sauce
\$17.50



BC Wild Sockeye Salmon

Sockeye salmon filet with caper, garlic, mushroom, and sliced onions in brown butter
\$17.95



North Coast Halibut

Baked halibut filet with oriental mushroom in a bonito soy broth
\$18.95

Seafood Mixed Grill

Salmon, halibut, jumbo shrimp & mussels accompanied with market fresh vegetables
\$21.95

Canada AAA Steak

8 oz Top sirloin \$20.25

8 oz Rib Eye \$24.95

8 oz New York \$24.95

Choice of Green peppercorn sauce or Café de Paris butter

All entrees are served with your choice of steamed rice, mashed or roasted potato & accompanied with market fresh vegetables

CHECK OUR BEVERAGE MENU FOR A BOTTLE OR GLASS OF WINE WITH YOUR MEAL,
IF YOU CAN'T DECIDE TRY A BC WINE FLIGHT, RED OR WHITE.

Sweet Delights

Apple Pie	\$5.25
Bumble berry pie	\$5.25
Key Lime Pie	\$5.25
Maple Cream Caramel	\$4.95
Chocolate mousse cake	\$5.95
Crème Brûlée cheesecakes	\$5.95
N.Y. Cheesecake with Raspberry & Caramel Dip	\$5.95
White Chocolate and Raspberry Swirl Cheesecake	\$5.95
With ice cream	add \$1.00

Ice cream selection

Vanilla	\$4.25
Maple walnuts	\$4.25
Chocolate chip Mint	\$4.25
Chocolate Rollo	\$4.25

\$ Vegetarian Option

Ocean Wise



Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice.